

## WORKSHOP ABSTRACT

### **Catch of the day: a unique and creative integrated care journey**

21st International Conference on Integrated Care, Virtual Conference – May 2021

Jessica Michgelsen<sup>1</sup>, Mirella Minkman, Henk Nies, Nick Zonneveld, Sander Merkus

1: Vilans, Netherlands

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#### ***Introduction for conference programme***

Are you curious about our catch of the day? And are you up for a unique online conference experience? Then you are at the right place!

We will take you on a creative online journey. Each speaker will share her/his most exciting integrated care catch based on insights from various integrated care projects in The Netherlands. You can expect a mixture of stories, pictures, videos, quizzes and digital post-its. No long listening and some Q&A's: be refreshed within an hour!

Embracing (online) limitations drives creativity, so come and join our workshop!

#### ***Background***

At Vilans (centre of expertise in long term care in The Netherlands), we have been working on a variety of integrated care (research) projects the last year(s). Topics we would like to discuss include:

- Governance of integrated care networks: which dilemmas arise? And how to unravel them?
- Normative values of integrated care: what are the most important values underpinning integrated care?
- Leadership and resilience in integrated care: what are the new insights from care professionals, managers and governors?
- Integrated care networks during COVID-19: what are lessons learned in The Netherlands?
- Scaling of integrated care: how can we rethink and research scaling issues for integrated care?
- Participatory action research in integrated care networks: what are lessons learned about this approach?

#### ***Aims of the workshop***

- To share and discuss a mix of practice-oriented research results from Vilans' (international) studies on integrated care.
- To provide a creative (out of the box), diverse and interactive online workshop session. Updated and refreshed within one time slot.

### ***Target audience***

- Researchers
- Policy makers
- Health and social care professionals

### ***Learnings/Take away messages***

- A variety in lessons learned from (Dutch and international) integrated care projects.
- Online conference workshop can be interactive and fun to attend if provided a great mixture of online tools.

### ***Format (timing, speakers, group work etc.)***

- Speakers: Mirella Minkman (Vilans, Tilburg University/TIAS), Henk Nies (Vilans, Vrije Universiteit Amsterdam), Nick Zonneveld (Vilans, Tilburg University/TIAS), Sander Merkus (Vilans) and Jessica Michgelsen (Vilans).

### ***Programme outline***

First round of 25 minutes: mixture of 'integrated care catches of the day' via stories, pictures, pitches, videos, quizzes or digital post-its with different speakers.

15 minutes: break out rooms with attendees choosing a topic of interest from the previous talks.

Second round of 25 minutes: [wrap-up from break out rooms] and mixture of 'integrated care catches of the day' via words, stories, pictures, videos, quizzes or digital post-its with different speakers.

15 minutes: break out rooms with attendees choosing a topic of interest from the previous talks.

Final 10 minutes: wrap-up, digital refreshments and conclusions.