
CONFERENCE ABSTRACT

Weaving the lattice of integrated care

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Introduction

The Government in Estonia has an ambitious programme to reform its health, social care and vocational support services and currently has a number of projects to develop and test re-designed services for different population cohorts. With the support of funding from the European Commission's Structural Reform Support Service, the Integrated Care Solutions (ICS) arm of IFIC has provided an integrated programme of technical support to Estonia. The activities are being introduced via four linked workstreams; namely Integrated Care Strategy, Data linkage and Information, Models of Care/pathways and Financing and Incentives.

Background

The integration of health, social care and support services aims to deliver person-centred co-ordinated care. Integration activities should be designed to support context-specific collaboration and joined-up working across the full range of sectors, settings and services to deliver:

- Innovative and transformed care and services for populations;
- Improved experiences and outcomes for individuals.

Our ICS work in Estonia is aspirational, realistic, integrated and anchored to both the national and local contexts with the domains of the Quadruple Aim acting as an overarching approach for understanding and demonstrating outputs, outcomes and impacts.

Aims and Objectives

In this workshop we will organise an interactive exercise in four groups to test whether the logic model we developed is applicable to other integrated care programmes. The challenges identified, learning gained, and tools/ guidance we have developed whilst undertaking the Estonian project will be shared as a basis for comparison and discussing the following questions:

- What is the integration ambition?
- What is the model of care, design principles and key components?
- What are the desirable outcomes and impact – for patients/clients, service providers, care system?

- How can data be linked and enabled to flow alongside service provision to support evidence-based care planning, service delivery and research?
- How can financing schemes and incentives be used to enable or accelerate service integration and system changes?

Target Audience

Policy makers, health and social care managers and care practitioners, patient organisations, researchers, system designers, data and information specialists.

Learnings/ Take aways

Participants will:

- Understand the key moving parts of integrated care and how they can be aligned and formulated into an overarching logic model;
- Support both thinking and planning and informing tough prioritisation decisions;
- Learn how to avoid some of the common pitfalls of integrated care implementation;
- Appreciate what good integrated care is expected to deliver – impact, outputs and outcomes for the stakeholder groups;
- Be able to identify the types of metrics suitable for assessing programme progress and outcomes;
- Learn how to use management data to develop national policy-level outcomes indicators

Format

Logic Model – 20 minutes

Facilitated group work to explore each workstream applicability to other contexts, reliance on other workstreams and identification of intersection points with the over-arching framework – 40 minutes:

- Financial model, incentives and measurement – Andrew Terris and Gerli Aavik-Martmaa
- Data, data linkage and information flow – Ingo Meyer
- Care models and pathways – Leo Lewis and Sonja Mueller

Group feedback to weave the lattice pieces together – 30 minutes

Preferred length

90 minute workshop.