
CONFERENCE ABSTRACT

Nursing care of patients with multimorbidity and work organization in family medicine ambulances

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Introduction:

Multimorbidity indicates a simultaneous presence of various chronic illnesses in one patient. There is an assumption that by year 2050. the proportion of residents older than 65 in Europe, will be 60%. Ageing of the population and the simultaneous advancement of medical sciences, which are leading to a more successful treatment of chronic noninfectious diseases, represents an increase in the prevalence of patients with multimorbidity in a family medicine (FM) clinic. The goal of this review work is to assess the competences of a nurse in a FM clinic, in caring for patients with multimorbidity and to point towards the existence of a distinction between standardized statutory health care procedures, real practice and the level of education of the nurses.

Method:

An analysis of the legal provisions, available standardized procedures of nursing care was done and then compared with the actual procedures, duties and competences of the nurse in the FM clinic's team.

Results:

The care for a patient with multimorbidity is complex and there is a justified need for implementing bachelors in the family clinic's team. It was determined that there is a need for an introduction of a higher quality nurses' documentation. It would demonstrate and better measure contribution and application of specific scientific comprehension in the field of nursing, natural, medical and human sciences.

Conclusion:

The nurse in care for the patient with multimorbidity must primarily be guided by holistic principles, must use knowledge based on scientific evidence, be a skilled caregiver, know communication skills in order to identify the real need of patients between more opposing priorities.