
CONFERENCE ABSTRACT

Health and Social Care systems reaching out vulnerable populations with chronic conditions: Implementation results of the EU-project EFFICHRONIC.

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Marta Pisano Gonzalez⁴

4: Erasmus University Medical Centre Rotterdam Netherlands

Introduction

The quest for integrated care has often been depicted as “crossing the boundaries” (Timmins and Ham 2013), going “beyond silos” (Meyer, Müller and Kubitschke 2014) or “cutting across” (Kodner D L and Spreeuwenberg 2002) multiple systems, services, providers and settings. Indeed, the integrated care agenda encourages systems and services to go proactively beyond themselves and reach out to the most vulnerable people.

At ICIC19, we presented the EFFICHRONIC project, attracting a great deal of interest from the integrated care research community. Funded under the European Union’s Health Programme (2014-2020) (Ref: 738127), the project EFFICHRONIC aims to empower vulnerable hard-to-reach patients and caregivers to self-manage their chronic conditions.

EFFICHRONIC implemented the Chronic Disease Self-Management Programme (CDSMP) in different regions of 5 European countries (France, Italy, The Netherlands, Spain and UK), in those groups of society that are most exposed to the negative effect of the social determinants of health. EFFICHRONIC uses the term vulnerable to refer to situations where the individual is not fully socially integrated and risks falling into social exclusion, either due to socio-economic hardship or because of stress for physical or psychological reasons (chronic conditions, being ill or disabled, the frail elderly or people suffering from mental health problems).

Intersectoral alliances with local and/or regional authorities, the healthcare system, social care organizations and civil society groups were generated at all EFFICHRONIC sites and joined strategies to recruit vulnerable people for the programme were developed. In each territory however, the specifics were determined by the geographical, institutional and administrative characteristics of each region. We are keen to share this rich project experience with integrated care colleagues at ICIC20.

Workshop Outline

- EFFICHRONIC overall project approach and general framework

Marta Pisano González and An L D Boone - 10 minutes

- Project dissemination and communication

Choni Doñate – 10 minutes

- Results of the implementation and Intersectoral recruitment strategies and participant profiles

Marta Pisano González and An L D Boone- 15 minutes

- Internal project Quality Control, SWOT analysis of the used strategies and lessons learnt

Choni Doñate - 10 minutes

- Main elements of Integrated Care in EFFICHRONIC

Marta Pisano González and An L D Boone. 5 minutes

- Questions and Debate

10 minutes