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Poster abstract

Occupational therapy intervention for patients with COPD rehabilitation at home

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Abstract

Purpose: Describe and document occupational therapy intervention for patient's chronic disease and Chronic Obstructive Pulmonary Disease (COPD).

Theory: Literature shows that patients with COPD, like other patients suffering from chronic diseases, adjust their lives to their level of energy and capability. They avoid activities and they lose roles and this leads to an everyday life feeling inactive and in some cases also depressed and anxious. ADL training with a occupational therapist in the patient's own surroundings could lead to better mastery of life and a more fulfilling and active lifestyle.

Methods: Literature search and identification of how occupational therapist in the hospital and municipality works with COPD and ongoing collaboration with occupational therapists in practice.

Results and conclusions: This intervention moves from hospital to municipal rehabilitation and thereby increases the possibility of home rehabilitation. There is a need for further evidence and implementing evidence into occupational practice.

Keywords

home rehabilitation, COPD, occupational therapy
