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Conference abstract

## Using research to shape national health policy related to telehealth through payment and delivery system reform

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### Abstract

**Introduction:** This presentation describes one US company's (Robert Bosch Health Care) efforts to use research to shape national health policy related to telehealth. Lessons from this experience may apply to similar efforts in the UK.

Like the UK, the US faces the challenge of how to manage a growing epidemic of chronic conditions in older adults. Bosch used outcomes from one program to demonstrate how a physician-based approach to care management assisted by content-driven, remote patient monitoring technology (the Health Buddy, a Bosch product) could decrease exacerbations of illness by supporting self-care, and monitoring vital signs and behaviour change.

**Aims and objectives:** This presentation will outline:

- the goals of the Bosch effort
- policy strategy and research focus
- findings from analyses and how they were communicated to stakeholders

**Results:** Data show reductions in key aspects of utilization. Research findings supported the successful inclusion of telehealth language in President Obama's 2009 health care reform law, the Affordable Care Act.

**Conclusions:** Bosch continues to work on policy changes that support payment for and adoption of telehealth. Current efforts focus on payment and delivery system reform provisions of the Affordable Care Act.

### Keywords

**remote monitoring, telehealth, policy, reimbursement, evidence, payment**

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