

Conference abstract

The client-centredness in the innovative rehabilitation course: the schizophrenia client's expertise in changing service system

Kirsi Günther, Postgraduate Student, Researcher, Department of Social Work Research, University of Tampere, Finland

Anna Kulmala, PhD, Rehabilitation Co-ordinator, Muotiala Accommodation and Activity Centre Association, Finland

Suvi Raitakari, PhD, Researcher, Department of Social Work Research, University of Tampere, Finland

Correspondence to: Suvi Raitakari, E-mail: suvi.raitakari@uta.fi

Abstract

Introduction: In Finland nowadays it is emphasized in the rehabilitation of the schizophrenia the importance of the seamless rehabilitation path and the service user's expertise and experience. Research setting is the rehabilitation course which has been planned for the young adults who have schizophrenia. The rehabilitation course is a cooperation project of the third sector, hospital district and the public sector. Research has started in 2009.

Aims: is to examine and to model the innovative way of organizing the mental health rehabilitation. The model is studied from the point of view of the ones having schizophrenia and from their position. Two main objectives are to evaluate the service user's position on the rehabilitation path and to show what kind of new ways of practices is needed so that people having schizophrenia would get a stronger expert position in their own rehabilitation.

Theory and methods: The study is anchored to the field of research of examining service users' experiences. We also draw on research on social and human service work, in which naturally occurring data is gathered and analysed.

Keywords

seamless rehabilitation path, service user's expertise and experience, rehabilitation of the schizophrenia, Finland
