

Conference abstract

Chronic disease prevention and management program for diabetic patients in the canton of Vaud (Switzerland)

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Abstract

Background and problem statement: Diabetes constitutes a major burden for communities in terms of morbidity, mortality and health-care costs. The canton of Vaud plans to implement a prevention and chronic disease management program for diabetes.

Methods: Meetings gathering cantonal and academic specialists in prevention and public health, GPs and specialists in diabetology (private practices and hospitals), representatives of para-medical and hospital professionals, from patients' associations and insurance companies have allowed to define the aims and main action lines of the program.

Results: Four objectives were defined: 1) *general population*: increase knowledge on diabetes and risk factors, reduce the prevalence of glucose intolerance and undiagnosed diabetes; 2) *diabetic patients*: promote self-management education, and coordinated, integrated evidence-based care stratified according to disease severity and patients' needs; 3) *healthcare professionals*: reinforce information and education for better diabetic care; 4) *authorities and partners*: implement a surveillance system. Working groups determined provisional measures.

Conclusions: This preparatory work will enable the development and implementation of the diabetes program. This project, innovative for Switzerland, represents a tremendous opportunity for all healthcare stakeholders of the canton to work together towards a common goal: improving the state of health and healthcare of diabetic patients.

Keywords

chronic disease management, implementation, Switzerland
