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Conference Abstract

## Towards a collaborative model of integrated care in Tona

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## Abstract

**Introduction:** The Catalan Government has created the Plan for health and social care interaction. Tona is one of the 8 pilot projects approved to implement a collaborative model of integrated care from the basic social services and the primary health care centre with the participation of other stakeholders in the community with the aim of improving the quality of care to our target group through interaction and collaboration between health and social services.

**Aims:** Share our learned lessons and discuss about how to improve the impact of the bottom-up strategies.

**Results:** The project assumes the need to redefine our current care model to a collaborative model of care focused on the person from a comprehensive and integrated view between social services (basic and residential) and health services in territorial scope of Tona. The action plan includes: multiple gateways but shared answer; Coordination of preventive home care attention after hospital discharges; Joined Promotion and Prevention Action Plan; Community empowerment towards this collaborative work; Integration of residential services in the model.

**Conclusions:** With this last year working to change our model we've learned some lessons we want to discuss: Define and promote collaborative environments and coordination with the workforce from all the services involved as a continue learning process; the need of an integrated management of the project; how this network we've achieved returns to the community; the need to improve on hiring with common goals from the national strategy in order to move further into the bottom-up model.

## Keywords

health and social care integration, local community policy, social care, integrated care projects, Catalonia

**Powerpoint presentation:**

<http://www.integratedcarefoundation.org/content/policy-making-towards-integrated-care-apply-regional-policy-frameworks>

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