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Conference Abstract

## Pediatric care improvement through nurse empowerment

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### Abstract

**Purpose:** Establish a real interdisciplinary team care in primary care pediatric unit.

**Objectives:**

- Increase accessibility and reduce waiting times.
- Increase parental autonomy on decisions about children's' health.
- Improve nurses' skills and competences on children development and alert symptoms.

**Background:** Can Bou Primary Care team has 5.410 children (0 -14 years) assigned. Nurses and pediatricians take care of them, either based on scheduled follow up consultations or non-programmed ones. As these meant a huge workload in specific hours we decided the nurse to be responsible for different situations:

- Follow up of children development visits, doctors acting as consultants. Doctors and nurses would be present in first visit where children and parents are welcomed and protocol is explained.
- Group sessions and there are open group sessions (welcome baby) for parents carried out by nurses. Nurses visit also schools.
- Nonscheduled consultations on a autonomous nurse resolution according to Clinical Practice Guidelines on the most dense activity times.
- Pathways for improving continuity from pediatric care to adult care (nurses and family doctors) at 15 years.
- Facebook profile for teenagers' doubts and questions.

**Conclusion:** We trained the nurses in a interdisciplinary way, cooperating pediatricians from the team itself and hospital.

We attended already 32 families in welcome sessions in 10 months and 280 have attended group sessions. 250 people registered in Facebook in 18 months.

The shifting of responsibilities from doctors to nurses allowed 18 new weekly hours for pediatricians to dedicate to more complex situations.

Nurses agenda waiting lists has been reduced when patients were attended in group sessions.

Parents express satisfaction in group sessions and confidence in solving children's situations.

## **Keywords**

**pediatrics, nurse, teamwork**

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## **PowerPoint presentation:**

<http://www.integratedcarefoundation.org/content/inter-professional-working-and-development-collaborative-practice-2>

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