Conference Abstract

Lessons learned in seven years of comprehensive integrated care in the KinzigtaI – reasons for the success

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Abstract

Introduction: Gesundes Kinzigtal as a population based integrated care model started in 2006 with a cost saving contract with two sickness funds. The model invests into cross-sectoral cooperation, activation of patients, prevention and involvement of all stakeholders. Disease management programs encourage the achievement of a better health outcome for the defined population.

Aims: Based on the practical experiences we will discuss the opportunities and challenges of a population based integrated care system. Seven years of experiences with ups and downs.

Results: Originally started as a physician network, Gesundes Kinzigtal grew to a cross-sectoral model which includes besides physicians, hospitals, nursing, therapists and pharmacies also municipalities, schools and sports clubs. The central agency for this process is a management company which is majority-owned by the local physician network. Stakeholders work together to improve the health status of the population. Therefore, cross-sectoral thinking and working have to be currently encouraged by the management agency exemplary by using disease management programs.

Conclusions: A structured and determined health improvement approach towards regional populations can create an added value by improving the quality of care. However, a lot of requirements are needed to achieve this result. A common idea of a better health care under given restrictions motivates all parties.

Keywords

population-based, disease management, integrated care, intersectoral care, Gesundes Kinzigtal, Germany
Powerpoint presentation

http://www.integratedcarefoundation.org/content/making-transition-integrated-care-organisational-enablers-support-integrated-care