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Conference abstract

Approach to development of integrated care in Mexico.

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Abstract:

Introduction: Since 2001, Mexico has been designing, legislating, and implementing a major health system reform. Mexico is reaching universal health coverage in 2012 with health services and financial protection for more than 50 million of citizens previously excluded from insurance. However, health system is characterized by highly fragmented services and faces a demographic transition and the challenge to provide health care on chronic diseases and aging.

Aims: To describe and analyze Integrated Care strategies in National Health System.

Case description: National Health Programs 2000-2006 and 2006-2012, Integrated Health Care Model, UNEME EC Project and Integrated Care human resources.

Conclusions: Analyzed cases contain essential elements of integrated care such as universal coverage and access, first contact, integrated and continuing care, optimal organization and management and community orientation. The main barriers to the development of strategies were institutional segmentation, decentralization of health services that fragments the levels of care, extreme separation of public health services from the provision of personal care, problems with the quantity, quality and allocation of resources.

Discussion: Integrated Care is useful framework to guide the next health reforms. Population aging, chronic diseases and comorbidities, and an increase in citizen's expectations require more equitable, comprehensive, integrated, and continuous responses.

Keywords

integrated care in mexico, integrated health care model, uneme ec, chronic care, integrated medicine specialists

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